

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	9.15 AM MAT PILATES CLAIRE F	9.30 AM YOGA ANNIE		6.30 AM REFORMER PILATES ROISE		8.00AM REFORMER PILATES ROISE
	10.30 AM MAT PILATES ROISE	11.00 AM GENTLE PILATES/BALANCE CLAIRE F		10.30 AM MAT PILATES CECILIA	10.30AM MAT PILATES CLAIRE F	9.00AM REFORMER PILATES ROISE
						10.00AM ANTE-NATAL PILATES ROISE
PM	5.00PM MAT PILATES CECILIA		5.00PM MAT PILATES CAT	5.30PM MAT PILATES ROISE		
		6.00PM MAT PILATES ROISE	6.00PM MAT PILATES CAT	6.30PM REFORMER PILATES ROISE	6.00PM YOGA NADIA	
	7.00PM MAT PILATES ROISE	7.00PM MAT PILATES ROISE	7.30PM PREGNANCY YOGA CLAIRE K	7.30PM REFORMER PILATES ROISE		
	8.00PM REFORMER PILATES ROISE	8.00 PM MAT PILATES ROISE		8.30PM REFORMER PILATES ROISE		